

Dear Parents,

The Girls Teen Residential Program would like to welcome you to Calo. We know that this step to bring your daughter to us was not an easy one and we also know that you should and will expect the highest level of care that can be provided for your daughter. The backbone of Calo is the residential department; more specifically, our team leads and coaches. These dedicated individuals are with the students around the clock, from the time they awaken in the morning and through the night as they sleep. With this constant contact with your daughter, our coaches strive to always mentor, model healthy relationships, and keep students safe.

Your daughter will always be surrounded by staff and other students, whether it be in the team home, at school, or out on the bike trail for Adventure Therapy. The living environment at Calo, what we refer to as the milieu, is where most of the day to day experience takes place. Laundry, hygiene responsibilities, school, meals hang out time within the team home, canine activities, etc. all happen on a daily basis. Because your daughter spends the most time, doing the most activities, with the residential department, it is only natural to have many questions and need the most information about what happens on a daily basis.

Every team at Calo has a team lead, who will be in frequent contact with you during your Calo experience. The team lead will provide weekly updates about your daughter and her team, including various challenges she may have experienced and progress she has made. During the first three months, you will be given plenty of guidance and support by our Program Experience Director, who will help you navigate the various departments and answer questions or concerns you may have about various aspects of Calo. Our goal is to make this journey as beneficial and positive an experience as possible and to stay in frequent contact with you.

If you should have any questions, you are welcome to contact Susi Wittrock, Program Experience Director (swittrock@ca-lo.com) or Caleb Cottle, Residential Program Director.